

Anaesthetic Instructions for Eye Procedures (morning theatre session)

Fasting

- up until 08:00 PM the night before your procedure you can eat and drink your normal diet
- after 08:00 PM no food of any form, of any quantity, is to be consumed until after your operation
- after 08:00 PM please drink clear water ONLY
- after 6:00 AM the morning of your procedure please drink CLEAR WATER ONLY up until your arrival at hospital

Blood Thinners

You can take your blood thinning tablets on the day of the operation unless the eye doctor specifically asks you to stop them.

Regular Medications – excluding blood pressure and diabetic medications

All medications can be taken on the day of surgery with a glass of WATER ONLY, however there are some special instructions for *blood pressure and diabetic medication* - see below.

Blood Pressure and Diabetic Medications

Do not take your blood pressure medication on the morning of your procedure

Diabetic medications:

- the night before surgery take all your diabetic medications as usual except for insulin. Take half your normal insulin dose
- do *NOT* take your diabetic medications (tablets or insulin) on the morning of surgery
- you will be allowed to take your normal morning doses of insulin and diabetic medications once able to eat and drink after surgery.

Feel free to contact the Anaesthetist on 07 4243 4110 or team@fasttracking.com.au