

Useful information about caring for a patient after their surgery.

What you will need to do today

If you are going to wait here for the person having surgery, please take a seat in the reception lounge, however, there are various cafes located within walking distance. Our local major shopping centre is centrally located.

If you want to leave and come back, please make sure the reception staff have your contact number, you will be contacted 30 minutes before the patient is discharged. Please let the staff know when you arrive back and take a seat in the waiting room.

The recovery nurse will take you into recovery to sign out the patient.



HAND HYGIENE

There are hand hygiene stations located in the waiting room and throughout the facility.



Please use the hand rub when you arrive and leave the facility and regularly during your time here.

Good hand hygiene is essential to prevent the spread of germs and infection.

CLINICAL ASSISTANCE

If the patient feels unwell at any time while you are at the Toowoomba Private Day Hospital, please alert the staff so they can provide assistance.

SKIN INTEGRITY

Patients are provided with information on Pressure Injury Prevention. The risk of skin tears is increased if the patient is elderly or sitting/lying for long periods of time.

PREVENTION FALLS

Patients who have had sedation can fall more easily and may need extra help or support while walking.

They may also need assistance for tasks such as:

Going up and down stairs
Getting in / out of the car
Stepping up gutters
Going to the toilet

The risk of falling may be increased:

- If the patient is elderly
- If the patient has had a general anesthetic



We are committed to ensuring we provide a safe and efficient service to patients and their families in our care

POST OP CARE

The surgeon and recovery nurses will provide the patient and you with instructions about what to do after the operation or procedure.

This may include any special care and things you should and shouldn't do.

Please follow the instructions carefully, as this will ensure the best possible outcome for the patient.



If there are any issues after you get home, please contact the surgeon at their consulting rooms as they are the best person to assist you with any enquiries regarding post-operative care.